

# Kneeling chair with back rest assembly instructions

- 1) The Kneeling chairs come very well boxed as you can see below. Please check you have all of the parts required for assembly, see the parts pictured and the parts list below:



Parts are pictured below:



Components List next page.....

## Components list

**1 x 5 way base**

**5 x casters**

**1 x gas lift (in box with gas cover and fixings)**

**1 x seat**

**1 x back rest**

**1 kneeling pad**

**1 x mechanism**

**1 x seat slider**

**Fixings are listing below:**

**12 x bolts (some are longer some are shorter you will see where these are to go, some bolts are already fitted and need to be taken out this will help you locate where they go)**

**6 x plastic washers (4 of these are already fitted with the bolts in the seat)**

**2 x hand wheel bolts**

**1 x Allen key tool**

**The fixings are in the gas lift box as per the picture below:**



**2) Unpack all of the parts and start with the seat base, see below (you can see that the bolts are already fitted):**



**Remove all of the bolts from the seat using the Allen key tool provided and note where they all go so that you can put them back correctly.**



- 3) Fit the back rest section to the seat base the location of this is easy and use the bolts provided and the Allen key to tighten them, always remember to loosely fit all bolts first before going around and making them tight:**



- 4) Fit the metal seat slider section next, please make sure that all 4 washers provided go under the slider between the seat and the seat slider unit if these are not fitted the mechanism will not work correctly. Please see the pictures on the next page....**



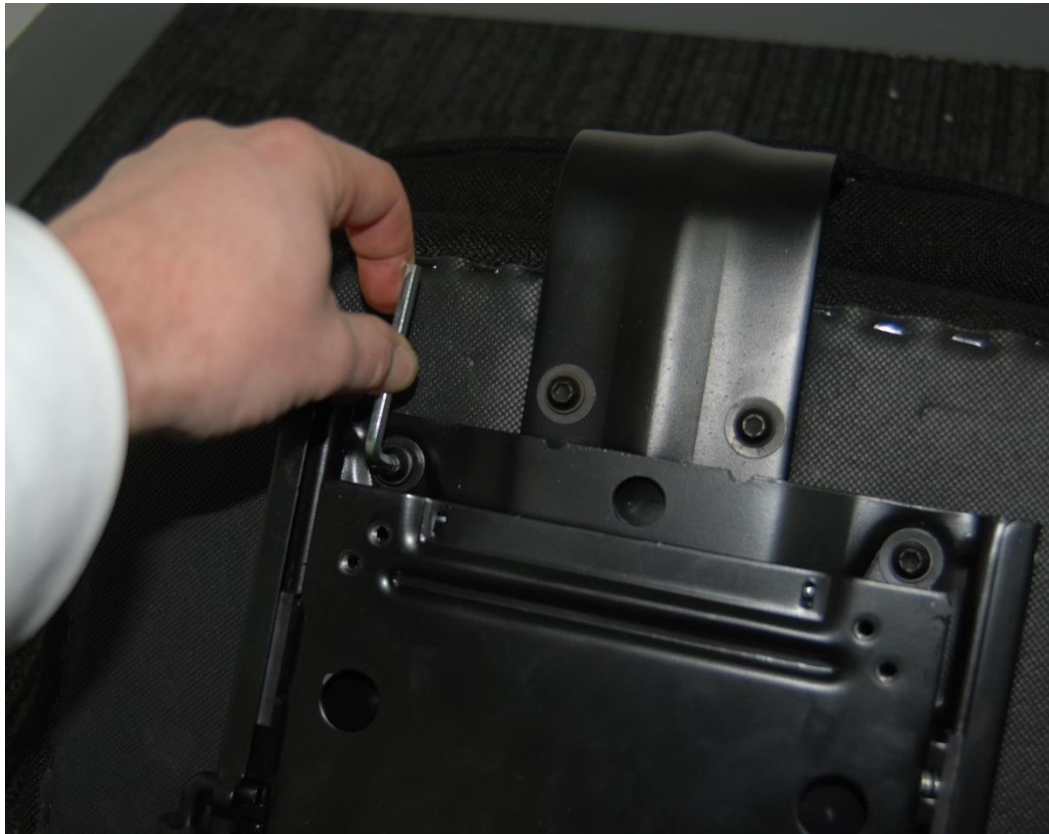
**Fitting Seat slider, see all of the washers positioned below:**



**The seat slider has a note showing to position the front of the slider facing away from the back of the chair see below, the handle will be at the front of the chair see the picture below to confirm:**



**Make sure all of the washers are under the seat slide and positioned correctly, use the bolts provided and the Allen key to tighten them, always remember to loosely fit all bolts first before going around and making them tight:**

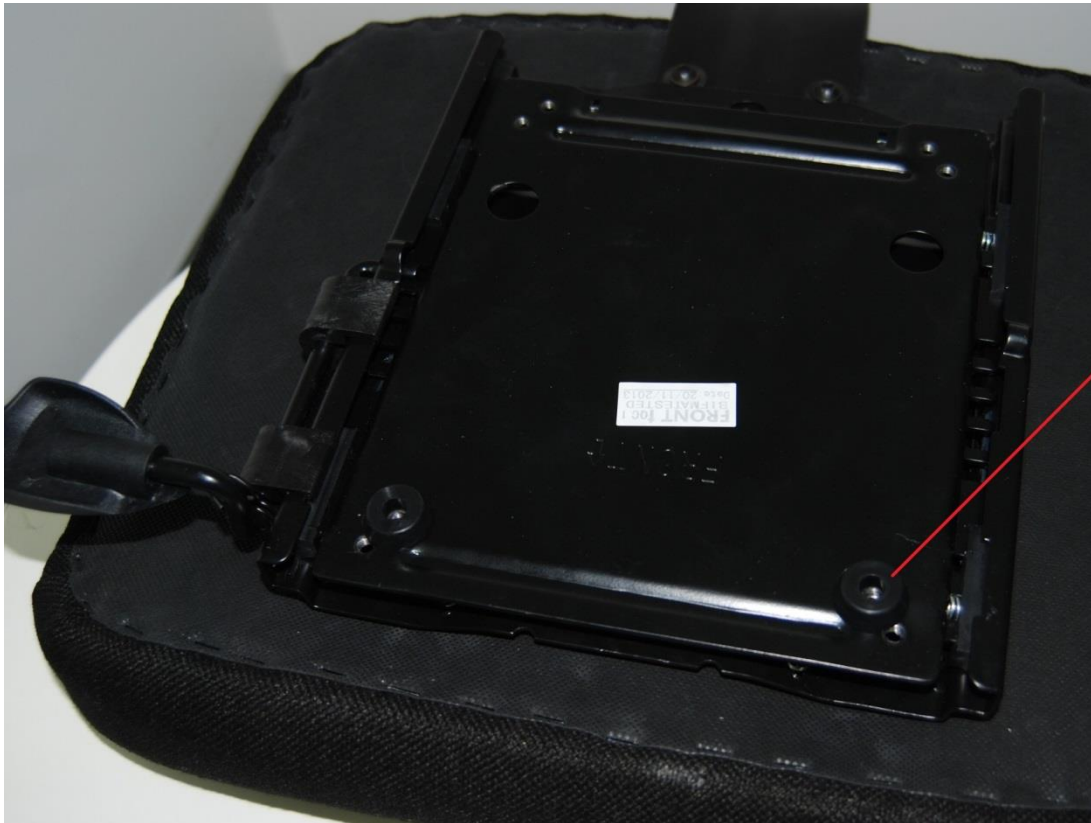


**Using the seat slider handle you will need to push the seat slide back like the picture below to expose the front 2 bolts then these can also be done up, please remember to fit all bolts loosely first and then do them up.**





- 5) Fitting the mechanism, you may find it easier to put the seat on a chair or coffee table as pictured below this will get the seat level and make it easier to work on. Place the 2 washers only at the front of the seat slider as pictured below:

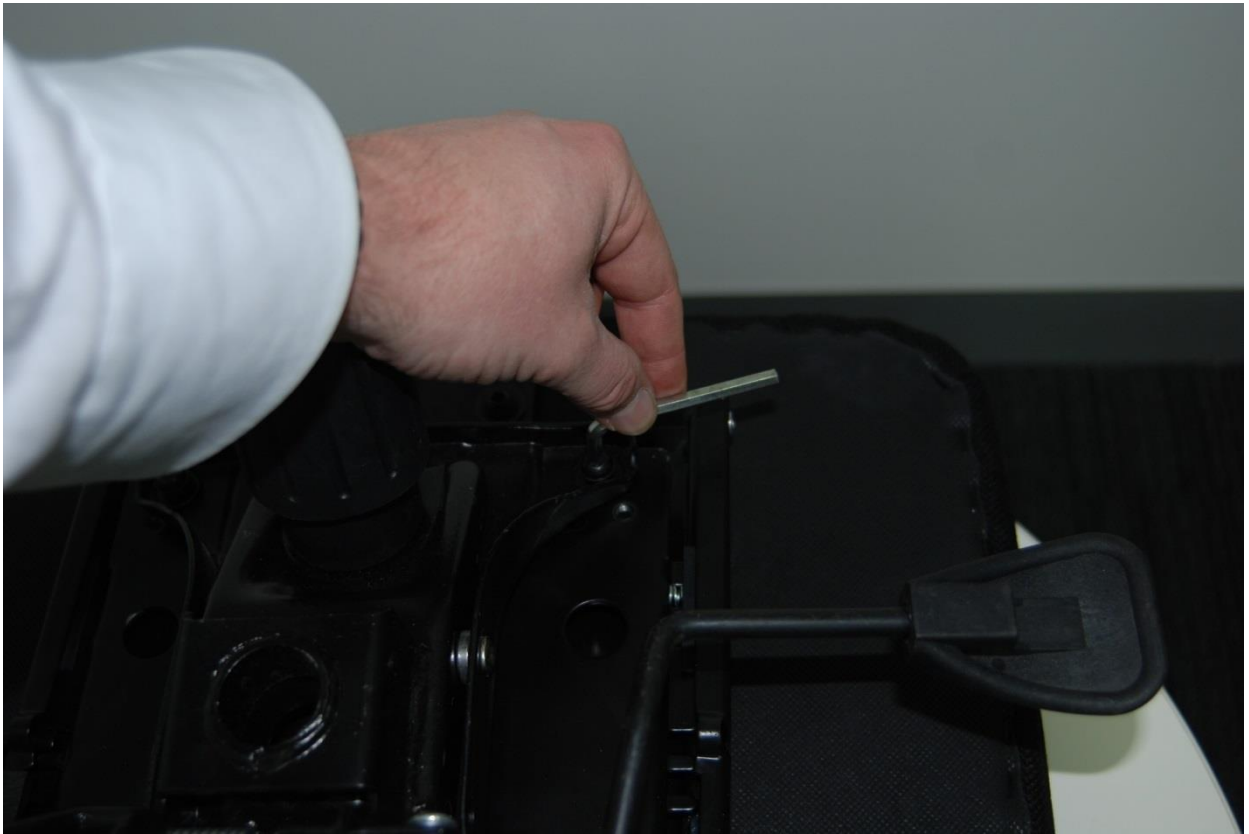


Place the washers provided at the front of the seat slide as pictured

Then put the mechanism, on top, like the picture below:



**Fit all of the bolts to the mechanism, please remember to fit all bolts loosely first and then do them up.**



- 6) Fit the knee pad to the front of the mechanism using the hand wing bolts to tighten up, these are used so the knee pad can be adjustable, this enables the user to move this into the correct position, see below:**



**Knee pad is now fitted:**



- 7) Assemble the casters into the 5 way base, the casters are clip locking fit so you just push them into the base as per the below picture:**



- 8) Once the casters have been fitted the gas lift needs to be fitted , make sure the transport cap has been removed from the top of the gas lift button as per the pictures below (some don't have this cap is it just to stop the gas moving)**





**9) Fit the Gas lift into the base, this is a tapered fit so it just slides in to position. There is also a gas cover that goes over the gas lift this is just for looks.**

**10)**



**11) Now the kneeling chair is ready to be fitted onto the base, this is just a push on fit as the gas is tapered and locks into position once it has been sat on a few times.**



**12) The chair is now complete for use:**



**Please make sure you follow these steps carefully and correctly to ensure that the Kneeling chair is assembled right and will function properly. Any questions you made have please email us on: [sales@officefurnituredirect.com.au](mailto:sales@officefurnituredirect.com.au)**